

EXTREMISM

Extremism means, literally: *driving (something) to the limit, to the extreme or the quality or state of being extreme, advocacy of extreme measures or views.*

A person who advocates or resorts to measures beyond the norm, especially in politics Extremism is a complex phenomenon, although its complexity is often hard to see. Most simply, it can be defined as activities (beliefs, attitudes, feelings, actions, strategies) of a character far removed from the ordinary. In conflict settings it manifests as a severe form of conflict engagement. However, the labelling of activities, people, and groups as "extremist", and the defining of what is "ordinary" in any setting is always a subjective and political matter.



**STOP
EXTREMISM**

break the
[si]lence.

For more information on these subjects please see one of the safeguarding team members in school.

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**How to support
your child and
keeping them
safe**

Safeguarding means protecting people's health, wellbeing and human rights, and enabling them to live free from harm, abuse and neglect.

Safeguarding covers a variety of areas some of which are detailed overleaf.

SELF HARMING

Self-harm is also when you hurt yourself as a way of dealing with very difficult feelings, old memories, or overwhelming situations and experiences. The ways you hurt yourself can be physical, such as cutting yourself. **Self-harm is when somebody intentionally damages or injures their body. It's usually a way of coping with or expressing overwhelming emotional distress.**

Sometimes when people self-harm, they feel on some level that they intend to die. Over half of people who die by suicide have a history of self-harm.

However, the intention is more often to punish themselves, express their distress or relieve unbearable tension. Sometimes the reason is a mixture of both.

Self-harm can also be a cry for help.



CSE

Child sexual exploitation is when someone grooms and controls a child for a sexual purpose.

These activities can be broadly separated into two areas:

Street grooming

Online grooming

Child sexual exploitation (CSE) is a type of sexual abuse in which children are sexually exploited for money, power or status. Children or young people may be tricked into believing they're in a loving, consensual relationship. They might be invited to parties and given drugs and alcohol. Sexual exploitation can take many forms from the seemingly 'consensual' relationship where sex is exchanged for attention/affection, accommodation or gifts, to serious organised crime and child trafficking. What marks out exploitation is an imbalance of power within the relationship. The perpetrator always holds some kind of power over the victim, increasing the dependence of the victim as the exploitative relationship develops.

GANGS

A gang can be a group of friends who live in the same area, or all go to the same school and who 'hang out together'.

Being in a gang can make you feel part of something or that you belong.

There are some gangs who take part in criminal activity and who might try to get you involved with them. Being part of a gang like this can be dangerous. Sometimes you can be forced to commit a crime or do things that are unsafe.

If a gang carries knives or other weapons, they might get them out to 'show off and look hard'. This can be very scary for other people, especially if they think the gang will use them. Some criminal gang members are "jumped in" or have to prove their loyalty by committing acts such as theft or violence. A member of a gang may be called a gangster or a thug.

